

### Rugby Open Meet 2011

Over the weekend of the 30<sup>th</sup> April and 1<sup>st</sup> May, Newport Pagnell competed at the Rugby Open 2011. The meet was extremely successful with the club achieving 6 Gold, 6 Silver and 4 Bronze. Individual Gold's were achieved by James McLean (15 years), Abi Moroney (14), and Sophie Patrick (12).

During the weekend 21 swimmers achieved a total of 75 personal best times.

Swim of the weekend goes to Erin Saunders (11) for achieving 1.34.20 in the 100m Breaststroke, only 1.5 seconds away from a regional time. Other notable performances were James McLean (15) in the 50m Freestyle and to Sophie Patrick for breaking the club's 12 year old record in the 200m IM record.

Swimmer of the day goes to both Chloe Pack and Dominic Frost for achieving big personal bests in all of their races.

Well done to all the swimmers that competed at the meet.